



# Anacortes High School - Activities/Athletic Code 2019-20

THIS IS A 365 DAY POLICY – 24 HOURS A DAY ACCUMULATIVE OVER 4 YEARS (24/7/365)

Revised: May 2019

## 1. PARTICIPANTS COVERED BY THIS CODE

The following are considered athletics/activities and include, but are not limited to: all interscholastic athletics **governed by WIAA**, student body officers, cheerleaders, performing drama groups, performing music groups, debate and other activity organizations recognized by the ASB and represent the school in public settings.

## 2. PHILOSOPHY

Anacortes High School is proud of the athletic/activity programs and encourages all students to be involved. Coaches, advisors and administrators, who are responsible for the conduct of students during activities, feel the opportunity of participating in athletic/activity programs is one of the most valuable educational experiences in a student's life. The academic, moral, physical and healthful aspects of a well-run athletic/activity program are of unquestionable value to the participants. *It is a privilege to participate.* The highest possible standard of conduct and training are required by those who participate in the Anacortes School District programs.

## 3. PERIOD OF COVERAGE

Upon initial participation of high school athletics and activities, the code will apply through graduation whether the student participates in one sport/activity or many. There will be no time during the year designated as off-season. *This includes middle school students playing high school athletics in the summer time.*

## 4. THIS CODE IS CUMULATIVE

The code is based upon the concept of progressive discipline throughout a student's high school experience. This means disciplinary action will be more severe for the second and third offenses. It also means incidents resulting in disciplinary action will accumulate over a student's high school career.

## 5. ACADEMIC STANDARDS

To run for a **class or ASB** office and to remain academically eligible to participate in a school sanctioned extracurricular athletic and/or activity program, a participant must meet the following minimum criteria **in the semester prior** to when the activity commences. ***The final spring grades (Semester 2) will determine initial fall and winter academic eligibility. The final winter grades (Semester 1) will determine initial spring eligibility.***

- **The student must be passing all classes (NO F's).**
  - (1) **F** - Academically ineligible for three weeks. At the beginning of the fourth week the student will start weekly grade checks to determine eligibility for each week.
    - **(2) or more F's** – Academically ineligible for five weeks.
    - Ineligibility refers to competition. Participants are still expected to attend and participate in practices. Attendance at competitions is up to coach's discretion.
    - Athletes may not drop or withdraw from a class in order to remain eligible.
    - A five-week grade check will be done for all participants to determine their eligibility status for the remainder of the season. The five weeks is determined in the fall season from the first day of school, and for the winter and spring seasons from the first day of practice. Participants must be passing all classes (NO F's). If a participant does not meet these standards, they will be academically ineligible for one week. At the beginning of the first week, the student will start weekly grade checks to determine eligibility for the upcoming week. Any student who passes the second grade check who was on academic probation from the initial grade check will be removed from weekly grade checks.
    - **\*\*Winter students will be grade checked for a third time at the end of first semester.**



- **WIAA standards are as follows:** In order to maintain athletic eligibility during the current semester, the student shall maintain passing grades in a minimum of 5 classes in a six period schedule. If you are not passing 5 classes you will be placed on WIAA ineligible status for the first five (5) weeks of the grading period for that season. This is not negotiable.

An incomplete is treated as an F for purposes of eligibility. Participants remain ineligible until the incomplete is satisfied or a new eligibility period is reached and courses have been successfully completed.

## 6. ATTENDANCE REQUIREMENTS

Students must attend all class periods in which they are enrolled, in order to participate in that day's practice, game, show, contest and/or competition. The only reasons for an absence to be excused by administration would include: 1.) Medical appointment, 2.) Family emergency or 3.) Participation in school approved activity. **A medical or dentist appointment must be accompanied by a note from the doctor or dentist.** The athletic department will check the attendance report to verify and enforce.

## 7. EQUIPMENT/UNIFORMS

School-owned equipment checked out by a participant in any athletic/activity is his/her responsibility. The loss or misuse of this equipment will be the financial obligation of the participant. Participants will not be allowed to continue competition, receive awards, or continue into succeeding activities until the financial obligation is fulfilled or equipment is returned to its original state.

## 8. ATHLETIC/ACTIVITY CODE REQUIREMENTS FOR ALL ATHLETIC/ACTIVITY PARTICIPANTS

- **Age/Enrollment**     **WIAA 18.4.0 AGE LIMITS--SENIOR HIGH SCHOOL** - A student shall be under 20 years of age on September 1 for fall sports season, December 1 for the winter sport season and on March 1 for the spring sports season.
- **Residence**             I reside within the boundaries of the Anacortes School District.
- **Academic**                I have passed a minimum of six (6) full credit classes the previous semester
- **Fines**                        I have paid **ALL FINES** for lost books, athletic equipment, etc.

*(Athletics Only)*

- **Physical Exam**        I have had a physical exam within the past **2 years** and it is on file at the school.
- **Insurance**                I have adequate insurance coverage, or I will purchase school insurance.
- **Risks**                      I am aware that participation in interscholastic athletics may result in accidental injury which, in some cases, may be serious in nature. I have read the **Concussion, Sudden Cardiac Arrest and Inherent Risks in Athletics Information Sheets** .
- **Running Start**         I am a Running Start student, and I have completed the Running Start contract with my school administrator.
- **Home School**            I am a homeschool student, and I have completed the Home School contract with my school administrator.
- **Fees**                        A fee will be charged for each sport. Sport fees will be refunded up to a period of two weeks should an athlete be cut or quit a team during that time. After that no refund will take place.

## 9. Code Violations & Consequences

### WIAA Rules:

**18.24.0 Use of Illegal Substances** – School and WIAA rules and regulation are intended to discourage the use of alcohol, tobacco, legend drugs, controlled substances and paraphernalia and to encourage the use of school and community resources. School and community resources should be identified for students who have had a violation and seek help or who are referred for assessment.

**18.24.1 Alcohol and tobacco** – Each WIAA member school shall adopt reasonable rules and regulations pertaining to the use of alcohol or tobacco products that are specific to the middle or high school levels.

**18.24.2 Legend drugs and controlled substances** – Penalties for the possession, use or sale of legend drugs (drugs obtained through prescription, RCW 69.41.020-050) and controlled substances (RCW 69.50) shall be as follows:

**1<sup>st</sup> Violation** – A participant shall be immediately ineligible for interscholastic competition in the current interscholastic sports program for the remainder of the season. Ineligibility shall continue until the next sports season in which the participant wishes to participate unless the student accesses the assistance program outlined in B (below).

An athlete that is found to be in violation of the Legend drugs and controlled substances rule shall have two options.

- A. The athlete will be ineligible for participation in contests for the remainder of that interscholastic sports season and must meet the school's requirements in order to be eligible to compete in the next interscholastic sports season. The school principal will have the final authority regarding the student's participation in further interscholastic sports programs.
- B. The athlete may choose to seek and receive help for a problem with use of legend drugs or controlled substances. Successful utilization of school and or community assistance programs may allow him/her to have eligibility reinstated in that athletic season, pending recommendation by the school.

**2<sup>nd</sup> Violation** – A participant who again violates any provision of RCW 69.41.020 through 69.41.050 or of RCW 69.50 shall be ineligible for interscholastic competition for a period of one (1) calendar year from the date of the second violation.

**3<sup>rd</sup> Violation** – A participant who violates for the third time RCW 69.41.020 – 69.41.050 or of RCW 69.50 shall be permanently ineligible for interscholastic competition.

**WIAA Legend Drugs & Controlled Substances Policy**

Penalties for the possession, use or sale of legend drugs (drugs obtained through prescription, RCW 69.41.020-050) and controlled substances (RCW 69.50). Example of legend drugs are marijuana, designer drugs, cocaine, paraphernalia being used for drugs, anabolic steroids.

<p align="center"><b>Athletics Clubs/Activities</b></p>	<p align="center"><b>Consequence</b></p>
<p align="center"><b>First Violation</b></p>	<p>A participant shall be immediately ineligible for interscholastic competition in the current interscholastic sports program for the <b>remainder of the season</b>.</p> <p>In addition, the participant will complete a drug/alcohol evaluation by a Certified Chemical Dependency Counselor or join a tobacco cessation class as approved by the Principal and follow through on any recommendations made by those agencies. All costs incurred will be the responsibility of the student and/or parent/guardian.</p>
<p align="center"><b>Second Violation</b></p>	<p>A participant who again violates any provision of RCW 69.41.020 through 69.41.050 or of RCW 69.50 shall be ineligible for interscholastic competition for a period of <b>one (1) calendar year</b> from the date of the second violation.</p> <p>In addition, a drug/alcohol re-evaluation will be required by a Certified Chemical Dependency Counselor, or in the case of tobacco use, enrollment in a second tobacco cessation class will be required and follow through on any recommendations made by those agencies.</p>
<p align="center"><b>Third Violation</b></p>	<p>A participant who violates for the third time RCW 69.41.020 – 69.41.050 or of RCW 69.50 shall be <b>permanently ineligible</b> for interscholastic competition.</p>



Rules regarding the use, possession, consumption, sharing\*, providing\*, or distribution of alcohol, tobacco, e-cigarettes/vapor devices, liquid nicotine and drugs:

**1st Violation:** In addition to WIAA rulings a student athlete/participant shall be immediately ineligible for interscholastic competition in the current interscholastic program for thirty (30) participation days whichever is greater. Ineligibility shall continue until the next sports season in which the student athlete wishes to participate. In addition, the participant will complete a drug/alcohol evaluation by a Certified Chemical Dependency Counselor or join a tobacco cessation class as approved by the Principal and follow through on any recommendations made by those agencies. All costs incurred will be the responsibility of the student and/or parent/guardian.

**2nd Violation:** A student participant who again violates any provision of this code shall be ineligible for interscholastic competition for a period of one calendar year from the date of the second violation in the Anacortes School District. In addition, A drug/alcohol re-evaluation will be required by a Certified Chemical Dependency Counselor, or in the case of tobacco use, enrollment in a second tobacco cessation class will be required and follow through on any recommendations made by those agencies.

**3rd Violation:** A student participant who violates this code for a third time shall be permanently ineligible for interscholastic competition in the Anacortes School District.

Participation day will be defined as any scheduled practice, rehearsal, game, or performance.

## AHS Alcohol, Tobacco, Nicotine, Unlawful Acts Policy

**Proximity, use, possession, consumption, sharing\*, providing\*, or distribution of alcohol, tobacco, e-cigarettes/vapor devices, liquid nicotine and drugs.**

*Proximity is defined as being **PRESENT** for any amount of time, where the use, possession, consumption, sharing, and providing of alcohol, marijuana, legend drugs, tobacco, e-cigarettes/vapor devices, liquid nicotine, drug paraphernalia is occurring.*

*Consequences for Proximity will follow the progressive discipline outlined below.*

*Unlawful Acts includes behavior that is not authorized by law; commission of or participation in an activity that violates criminal or civil law (ie. shoplifting).*

Athletics Clubs/Activities	Consequence
<b>First Violation</b>	In addition to WIAA rulings a student athlete/participant shall be <b>immediately ineligible</b> for interscholastic competition in the current interscholastic program for a <b>minimum of thirty (30) participation days</b> . Ineligibility shall continue until the next sports season in which the student athlete wishes to participate. In addition, the participant will complete a drug/alcohol evaluation by a Certified Chemical Dependency Counselor or join a tobacco cessation class as approved by the Principal and follow through on any recommendations made by those agencies.
<b>Second Violation</b>	A student participant who again violates any provision of this code shall be <b>ineligible for interscholastic competition for a period of one calendar year from the date of the second violation in the Anacortes School District</b> . In addition, A drug/alcohol re-evaluation will be required by a Certified Chemical Dependency Counselor, or in the case of tobacco use, enrollment in a second tobacco cessation class will be required and follow through on any recommendations made by those agencies.
<b>Third Violation</b>	A student participant who violates this code for a third time shall be <b>permanently ineligible</b> for interscholastic competition in the Anacortes School District.

***Note: Out of season code violations will follow AHS consequences.***

*Documented evidence could include but not limited to police reports, student/staff/citizen reporting, administration investigations, and social media. All reported incidents will be investigated for validity prior to consequence being administered.*

## 10. STUDENT APPEALS

The Anacortes High School Athletic Director will act on all cases involving violations of the Anacortes High School Athletic/Activity Code. Students may appeal decisions affecting their athletic/activity eligibility. In each case, the student and the Parent(s)/Guardian(s) will be notified of the appeal process at the time of the suspension in the code violation letter.

### STEP ONE: TO THE PRINCIPAL

- A. Any student or parent/guardian aggrieved by the decision of the Athletic Director may appeal to the Principal. Appellant should notify the Principal within three (3) school days. Failure to do so will render the decision of the Athletic Director final.
- B. Following receipt of appeal, the Principal will conduct a meeting of involved parties within three (3) school days.
- C. Within two (2) school days of the conclusion of the meeting, the Principal will notify the student and parent/guardian of his/her decision.

### STEP TWO: TO THE SUPERINTENDENT OR SUPERINTENDENT'S DESIGNEE

- A. Any student or parent/guardian aggrieved by the decision of the Principal may appeal to the Superintendent of the Anacortes School District. Appellant should notify the Superintendent or his/her designee within three (3) school days. Failure to do so will render the decision of the Principal final.
- B. Following receipt of appeal, the Superintendent or his/her designee will conduct a meeting of involved parties within three (3) school days.
- C. Within two (2) school days of the conclusion of the meeting, the Superintendent will notify the student and parent/guardian of his/her decision.

### STEP THREE: TO THE BOARD OF DIRECTORS

- A. Any student or parent/guardian, aggrieved by the decision of the Superintendent, may appeal to the Board of Directors of the Anacortes School District.
- B. Such appeal must be made within three (3) school days of the date of the decision of the Superintendent. Failure to do so will render the decision of the Superintendent final.
- C. The Board will hear the appeal of the involved parties at their next regularly scheduled meeting or at a special meeting as they determine is necessary.
- D. The Board will notify the involved parties within five (5) schools days of their decision.



Please return this sheet to Athletic Office

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**ATHLETIC/ACTIVITY CODE 2019-20**

I/we realize it is considered a privilege to participate in the activity/athletic programs of Anacortes School District. I hereby agree to obey the rules and regulations set up by the Anacortes School District and the W.I.A.A.

We, the students and parents, acknowledge we have received a copy of the Anacortes High School Activity/Athletic Code and agree to abide by the rules and regulations of the Anacortes High School Activity/Athletic Code.

I/We authorize local law enforcement to release arrest information relating to delinquent behavior, drug, alcohol consumption for my/our student athlete, upon request to the Anacortes School District.

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Participant Printed Name

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Participant Signature

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Date

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Parent/Guardian Signature

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Date